



Exchange report (FALL 2019) Lund university- School of Economic and Management

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Monthly Activity Log

August

I arrived at Copenhagen Airport on 20th August, which is the arrival day of Lund university, the start of the orientation weeks. I with other Hong Kong students took the train together in the early morning to Malmo first because I have a room for Airbnb for two weeks and my student accommodation in AF bostader started in September. After putting the luggage in the room, we went to Lund by train and registered for accounts, status, activities, etc with the help of some friendly student ambassadors. One thing worth noted is that there is free shuttle service helped by the ambassador to help you transfer to anywhere in Lund with your luggage. Most of the students used it for going to student corridor but we took it for going back to Lund central from the school. During the two orientation weeks, I attended SUSA11 for introductory Swedish, which all of students in HK has attended and was quite interesting. Also, I have joined different orientation activities, exploring nearby tourist spot like Lomma beach, hiking in Södersåsens nationalpark and Malmö.



September

Like HK, the courses in Lund university started in early September. I have taken SUSA56 Modern Design in Scandinavia and STAA36 Fundamentals of Business Analytics. Unlike what I expected in the design course, it basically takes about different objects making use of Scandinavia style and Concepts, including basic items like fork, spoon, lights, toys, chairs, whenever you can think. Thought it is interesting at first, it is hard to follow with only pictures and no words in the slides in lectures. On the other hand, STAA36 is just a very basic statistics course without anything special. With such a light workload, I have travelled to Stockholm, Vienna, Budapest and most importantly, Munich for the Oktoberfest. Basically in September, I am not in Lund at the weekend and travelled to somewhere outside and I am also glad to meet some good corridor mates in my corridor in Parentesen. Most of the students in my corridor is locals and some of them are really friendly and helpful for the newbie like me.

October

As I had a really relaxing workload for study, I always tried to find some activities that I could join. Subsequently, I found out that board game night, language cafes and international activities from Kalmar nations were very good opportunity for me to meet more international students, not limited to the locals. I met and made different friends in different parties and meals. Meanwhile, before the exam of STAA 36 comes, I had a two weeks trips travelling to Netherland, France, Belgium and Luxemburg. I also had another trip to London. These trips made me know more about cultures in Europe and got more conversation with my Dutch friend. After that, I studied a few days for my exam.



November

Starting in November, the second period started, and I registered in SASE31 and FEKH 22, which were international economics and B2B marketing. To my surprise, the marketing course was really light in workload without any presentations and the economics course content is not easy but manageable. I also finished my essay for SASH56 from the previous period, which was not easy for me because I didn't learn much in that course. In this month, I tried to stay most of my time in Lund to join more activities inside Lund after I realized that there were so many activities I could join in October. I did go to one planned trip to Iceland, which is really stunning for the view. It is also worth noted that starting in November, I started to feel uncomfortable as the sunlight disappear at 4 pm. But well, you needed to get used to it and it was fun to stay to have more deep connection with friends.



December

I with other Hong Kong buddies held the chance to see the Northern light and went to Northern Sweden in Kiruna to have a local camping organized by a friendly family business. We met the local Sami people and experienced like skiing, sauna, chopping wood, etc, which was really an enjoyable experience. After that, I needed to take care of the year end cleaning of my corridor and my exam and essay in both subjects. This was really quite a lot to do when everything was in deadline within a week. After that I started my one and a half month trips before Christmas and after exam.



January

At the end of January, I went back to Lund from trips. Spending lots of time to clean my room in order to meet the harsh expectation from the housekeeper. Of course, I had a farewell with the best friends I made during the exchange. Finally, I took the plane back to Hong Kong on 30 January.



General Exchange Information

Visa Procedure

You can submit your application online for the resident permit which can last at most one year and there is actually not necessary to have a visa for travelling within 3 months as a Hong Kong resident. The resident permit is relatively cheap, less than HKD 800. As Embassy of Sweden in Hong Kong can not record fingerprint and photograph, you have to choose somewhere outside Hong Kong to do so. Normally, most of us have to take a letter in the embassy in Hong Kong and book a time online for a office to do the fingerprint and photo. And all of us take the resident permit in Malmo. Also, I would recommend you to take the resident permit directly but not by mail to your address in Sweden after you did the fingerprint and photo in Malmo, because some of us cannot received their permit by mail and had to redo all the thing.

Orientation Activities

Usually first two weeks of orientation week, including hiking, taste of Swedish food, and partying in different nations. I didn't join the activities of my mentor group at that time but if I can join again, I recommend to do so.

International service and activities

There is facebook group for international desk in lund, which shows lots of activities for international students. Also, it is common for them to use facebook to show many activities to do around Lund, no matter whether it is a school event or community event

Accommodations

For our term, none of the UST students can get the LU Accommodation and only two students from HK can get it, usually for Klostergatan, which is a good place to live as you can "invite" other friends to come to your single room frequently easily. All the accommodation in Lund is without Security and free to get in and out as long as you have a key. Some of us get the housing, including me in AF bostader. It depends on your luck for the position of the waiting list, which represent by a time within 2 days. For me, I lived in Parentesen, which can be a good corridor with many parties but for my floor is oddly without a lot of party. I would recommend those who are in LUSEM should try to register Sparta as the corridor, which have many international students.

Course Registration

You have to submit a form online to show your first three preference of the four courses you are going to take. You can also register SUSA11 Swedish introductory there. I recommend that you should try to do credit mapping two month before this so that you can like which course you can choose at that time. I have taken SUSA56 Modern Design in Scandinavia, STAA36 Fundamentals of Business Analytics, SASE 31 international economic and FEKH22 Business to Business marketing and also SUSA11 Swedish Introductory.

Teaching & Assessment Method

Course	Teaching and assessment
SUSA56 Modern Design in Scandinavia (=HUMA common core 3 credits)	one lesson per week without attendance 2 essays with equal weight (one essay per month) Light workload but difficult to learn something concrete
STAA36 Fundamentals of Business Analytics (=ISOM 3530)	Normal statistics course Lesson and tutorial without attendance Laboratory session is compulsory but can be absent if you have reason and let your groupmate help you (with 2 light HW) One exam Light workload
SASE31 international economic (=ECON4364)	Not easy content One HW using excel One easy reciting exam, which simply ask you to draw the graph taught in lesson Light workload
FEKH22 Business to Business marketing (=MARK 3510)	Very few lesson One take-home essay for the data collected in groups Very light workload

Sports & Recreational Facilities

There are many gym in Lund. The one inside Sparta is quite expensive. There are also stadium for ice skating, which can be a good activities when you are bored. Many hiking activities was organized by different organizations in Lund.

Finance & Banking

If you are in Lund, you can use only credit card without any cash. Usually from my experience, Norway, Sweden and Denmark are really cashless countries. Even the fee for toilet can be paid by card. I would recommend you bring a credit card with high cash dollar oversea and you can pay all the thing without any worries.

Social Clubs & Networking Opportunities

There are many activities and nations. Feel free to join different nations activities as no one cares actually. I think the best way is to search on Facebook nearby activities and you must be able to find activities that suit you,

Health & Safety

There are many pharmacies near Lund Central and Lund Cathedral. You can use them and I recommend you should bring enough personal medicine to Sweden. Of course, there are clinical and hospital nearby but I have never used them. Also, there is a police station for you to claim what you have lost.

Food

The food in supermarket is quite cheap in Europe. The price of the food can be lower than that in Hong Kong. For restaurant, there are many choices in Lund Central but you need to care about the time. Usually when it is Sunday and after 7, there is very limited restaurant opened. Although international would think Lund is a good place for food, especially for vegetarian, but for me, I think it is really limited and was worse than the place I have been in England.

Transportation

People usually would use bike as transport and you can buy second hand bike online. For me, as I do not usually use bike in Hong Kong, so I simply walk 20 min to school every day. The transportation fee to airport is quite expensive comparing with other exchange choice, usually one way 120 sek.

Climate

Quite Hot in August that you need to wear T-shirt. But it become normal after September and start to get very cold in November. After it reach between -2 degree to 6 degree, the temperature would probably stay almost around this range until March. In winter, the sunlight goes at 4 pm, please be ready.

Communication

Most or maybe All people in Lund speak English. But sometimes they will speak Swedish first as some of them may be quite nervous to speak English directly to strangers.

Cautionary Measure

Beware of your bike. It is very common to be get stolen, especially the place is near Lund Central Station.

ITEM to bring

- Passport
- HKID card
- Letter of Acceptance (for resident permit)
- Laptop
- Adaptor and charger (quite expensive in Sweden)
- Credit card
- Router & LAN cable
- Water-proof and wind-proof clothing (can be bought in Germany or London if you wanna be cheap)
- Medicines
- Stationaty

Useful links and Contacts**Lund University School of Economic and Management (LUSEM) Exchange Program Website**

<https://www.lusem.lu.se/study/exchange>

LU Accommodation Website

<https://www.luaccommodation.lu.se/accommodation-student/>

AF Bostäder Website

<https://www.afbostader.se/en/>